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Bucks County, PA, Naturopathic Doctor Develops Six-Month Fertility Program for Couples

Julie Lachman, N.D., announces the creation of her Body-in-Balance Six-Month Fertility Program designed to help couples conceive naturally without dangerous drugs or invasive medical procedures.

Doylestown, PA – Dr. Julie Lachman’s Body-in-Balance Fertility Program is for couples who have been trying for at least six months to conceive without success. The goal is to determine why the body isn’t making its own hormones. The result is to restore this delicate balance. This safe, natural program does not use drugs to force a woman’s body to ovulate at a specific time, and there are no stressful invasive procedures, like IVF (in vitro fertilization).

“After a woman has been evaluated by a physician and physical barriers to infertility have been ruled out, this is the natural next step on the journey to finding the underlying factors that are preventing conception,” explains Lachman.

Dr. Lachman uses proven methods to balance hormones naturally, without drugs, and without bioidentical hormones. She determines the causes that prevent a woman from having a normal menstrual cycle. Then, through diet, homeopathy and other means, she gently restores that balance. When a woman is cycling normally and ovulating normally, the stage is set for a healthy conception and pregnancy.

If Dr. Lachman determines the problem is with the male partner, she can help in this area as well. Dr. Lachman recommends a new diet plan to increase sperm count. For example, studies have shown that taking just 1,000 mg of Vitamin C increases sperm motility by 140 percent! Other nutrients, such as zinc and Vitamin E also play a role in providing nutrition to sperm, thereby ensuring their ability to develop and swim normally.

Dr. Lachman is a Naturopathic doctor practicing in Doylestown, Pennsylvania. Besides infertility, her proactive methods to handle medically-related problems have helped people of all ages with a wide variety of disorders, such as depression and anxiety, joint and muscle pain, and even childhood ailments, such as bedwetting, insomnia, asthma, and weight loss. Visit www.drlachman.com for more information.



Caption: Dr. Lachman assists laboring women using homeopathy.
African Birth Collective, Senegal, Africa, 2011